



**VEIL AND BONE**  
Access Your Inner Power

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April

# Monthly Newsletter

## WORKING WITH THE TAROT

A Tarot deck is way more than just a deck of cards or a divination tool. Your tarot deck is a bridge for communication that is constantly growing and evolving, fine-tuning the channels and signs that will best convey their message. The tarot comes to life more and more as you, the reader, engage and connect with it, forming a strong language and bond. To truly get the most out of your experience, it's important to work on deepening your connection with your cards and to interact with their powerful mystical energy.

The first step in connecting with your deck is to spend some quality time admiring the artwork. Tarot cards are powerful visual tools, and every deck has a unique approach to each card. Sit with your deck and review each card individually, paying attention to any symbols or elements that may stand out to you. Ask yourself how each card makes you feel as you hold it and focus on the feeling for a few moments. As you go through the whole deck, look for any repeating symbols or elements such as animals, buildings, or even characters. See if you can find

connections between the cards and try to imagine the story they may be telling.

For the following exercise, I suggest keeping a journal, whether on your phone or on actual paper. Before bed take out your cards and shuffle them well. As you shuffle, greet your deck and ask it to share its wisdom with you or you may ask for guidance with a specific situation. If you are new to this I would suggest asking for general guidance.

Once you are done draw one card from the deck and write it down. Put all cards back and place the deck under your pillow or as close to it as you can. The next morning, write down any details you may remember about your dream. Do this for 7 nights. At the end, compare your dream notes with the interpretations of the cards you drew on those nights and remain open to any patterns or unique synchronicities.

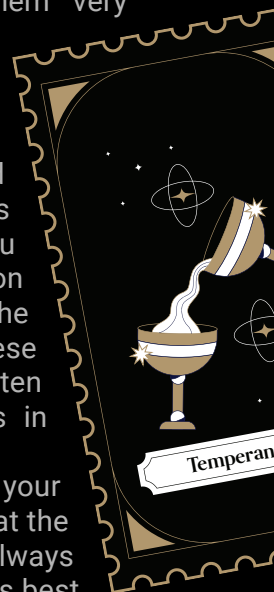
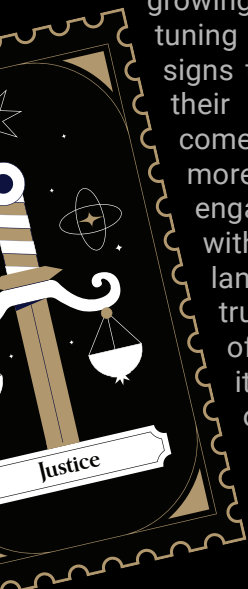
In addition to connecting with the energy of your deck through the techniques and methods already mentioned, it's also important to practice drawing and interpreting your

cards. Daily readings are a great way to explore working with the Tarot and create a strong connection.

Try starting with open questions like "What is something I should focus my energy on today?" or pull three cards while asking "What will my morning, day, and night bring?" then remain open to how those meanings may manifest through the day. Note any synchronicities and consider how they may alter or deepen your understanding of the cards.

Finally, if any cards make you feel uncomfortable, I highly recommend you work with them very often as these feelings are a signal from your cards of areas yet to be explored in your life. Areas through which you can advance on your journey with the Tarot. Embrace these cards, as they often will play key roles in your readings.

As you work with your deck, remember that the energy it holds is always active and responds best to frequent interaction. Make sure to nurture your unique connection and enjoy exploring the mysteries of the tarot regularly to create and maintain a clear channel of communication. **MT**



# EMOTIONAL HEALING SPREAD

BY KYLE DAVIDSON

**What emotional wounds should we seek to heal this month?**

**4 OF SWORDS**



The four of swords is a painful card. It is the card of burnout and mental exhaustion. For some of us, it speaks to being burnt out from work, family, and other responsibilities. Others are burned out from social interaction. Either way this April we are all feeling tired. It is important to make sure we aren't giving too much of our energy to others, and that we take time for ourselves to cocoon up and find a little peace within.

**How should we begin to heal from it?**

**KING OF CUPS**



The King of Cups is the master of emotions. He represents the importance of expressing our emotions in a calm, balanced manner. It is important to express ourselves and to seek out help and support. The King of Cups reminds us to ask for help when we need it, to turn to our kind-hearted and nurturing friends, and to allow them to provide us with their support.

Two attributes of the King of Cups are that he is both kind and firm. On our emotional journey, he asks us to treat ourselves with kindness and firmness. Being burnt out and mentally exhausted is a sign that you need to reexamine your boundaries. Know when to say no. It is just as important to be kind to yourself as it is to be kind to others, so make sure you make time for yourself.

**Advice for our healing journey?**

**8 OF PENTACLES**



People often procrastinate when it comes to taking time for themselves. At some point, everyone decides there's simply too much work to be done and there isn't time to take care of ourselves. We act like taking care of ourselves is "doing nothing." Yet that couldn't be less true.

The eight of pentacles, the card of hard work and effort, is here to remind us that working on yourself is work. Emotional healing takes time and energy, and it isn't easy. We should not neglect to take care of ourselves, because it is one of the most vital pieces of work we have on our to-do list! It's time to recognize this work and put in real effort to take care of ourselves.

**Steps to nurture emotional well-being**

**8 OF CUPS**



Emotional healing is a long road, as the wanderer on the Eight of Cups knows. This is a card all about the emotional healing journey, and it reminds us to let go. Be unafraid to walk away from anyone or anything that is burning you out. Walk away, even if it is just for a little while, so you can reexamine what areas in your life you would like to change or bring into better balance. Distance yields perspective. Take time and space for yourself.

**Outcome of our healing journey?**

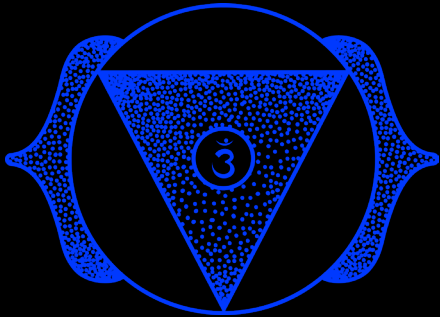
**ACE OF WANDS**



The Ace of Wands is a card of renewal and rebirth, here to show us that there is a light at the end of the tunnel. The Ace speaks to new beginnings and the ability to begin again. The fiery wand tells us that we can start again with passion and energy. Strength and confidence take time to develop, but they lay at the end of our emotional healing journey.

# April Monthly Newsletter

## CHAKRA OF THE MONTH AJNA - THIRD EYE



**Location:** Between the eyebrows

**Color:** Purple or Indigo

**Crystals:** Moldavite, Black obsidian,  
Amethyst, Purple fluorite

**Mantra:** OM

The Third Eye chakra rests between the brows and is commonly associated with intuition, psychic abilities, spiritual awakening and connections. This is a very powerful chakra that serves as a place of communication with our higher selves and our spirit guides and requires regular use or maintenance to maintain its connection.

Serving as a third eye, this chakra helps us see beyond the veil by providing messages, insight, and guidance through visual images, words, feelings, thoughts, and memories. When you get signs from loved ones, or when you encounter synchronicities, it is your third eye chakra that helps you see them and reveal the insight you are receiving.

An imbalanced chakra manifests as an inability to determine where you or other people end or begin. This means you may pick up very easily on others emotional or energetic states and, instead of maintaining a clear boundary, you may take on these qualities and allow them to affect your own energy. On the opposite end of the spectrum, a blocked chakra may prevent you from seeing the messages from your intuition or trusting your inner guidance. **MT**

## WHAT CAN YOU EXPECT FROM A REIKI SESSION?

Reiki, for those unfamiliar, is a traditional Japanese practice of energy healing. It involves the directing of universal spiritual life force energy – called Chi or Ki in Eastern spiritual traditions – to various points in the body using the hands. The intention of Reiki is to promote relaxation and energetic balance in the body, to help the body, mind, and spirit to come into harmony. This state of energetic wellness and wholeness allows the body to heal itself with more ease.

A Reiki session usually lasts between forty-five minutes to an hour. The client lays face up on a massage table and is instructed to simply lay back and relax. The Reiki practitioner will use their hands to direct the flow of Chi energy through different energy centers in the body. The Reiki practitioner acts as a conduit. In reality, the Reiki session is between the soul of the world and the client. The practitioner is simply there to direct the flow of energy, with the trust that the flow of Chi will go where it is most needed, and flush away any negative energy.

Afterward, the client can expect a lasting feeling of peace and well-being. Emotions may come to the surface to be released. Reiki is intended to promote wellness,

relaxation, and healing. It is not intended to be a replacement for medical care, but a supplement and support to your overall wellbeing. With Reiki, the energy of the body can work more efficiently to support the body as it heals itself.

Clients of Reiki report enhanced feelings of peacefulness and relaxation during the session as well. It is common to feel a pleasant warmth spreading across the body, as well as feelings of floating or tingling throughout the process. Others become so relaxed they fall asleep, waking up a short while later feeling like they've just had a full night of sleep. The experience is different for everyone, and it is different every time. **KD**

### ON THE ROAD

A list of events that we will be attending! If you come to any of the events, stop by and say hello!

#### MYSTIC FAIRE

MAY 11TH, 2024  
BRIDGEVILLE, DE

#### DELMARVA PAGAN PRIDE DAY

JUNE 30TH, 2024  
DOVER, DE

#### VERMONT PSYCHIC EXPO

AUG 10 & 11, 2024  
ESSEX JUNCTION, VT

## SPRING GIVEAWAY!

30 Minute Reiki Session With Kyle  
IN-PERSON (LEWES, DE)

WINNER: *MEGAN D.*

WINNER WILL BE CONTACTED VIA EMAIL

# April Monthly Newsletter

## PERMISSION ROSE

I'd like to share an incredible energy protection tool I learned about in a course I attended several years ago. It is very practical and can be used to protect your personal space from negative or stagnant energies you may encounter in your day.

The idea is very simple: visualize a rose floating in front of you at about arm's length. This space is the edge of your aura, and the rose will serve as a filter for any energy that enters or leaves. Set the intention that this rose will prevent any negative or unwanted energies from entering your space and that it will prevent any of your energy from being given to others without your consent.

Once you have assigned the rose its task, you can release the visualization and know that the rose will remain there and that it will do its job. When you encounter someone whose energy seems to be affecting you negatively you can create a new rose between you and them specifically assigned to filter that person's energy. Eventually, simply thinking "permission rose" will activate a rose and cause a noticeable energy shift.

It is important to check in with your permission rose every so often to keep a clean and balanced energy boundary. Visualize your rose and see it get farther away from you. Once it is far from your aura, tell the rose to release its energy back into the earth. Visualize the rose as it disperses into energy and travels deep down into the earth. You can then create a new rose and place it at the edge of your aura.

This is a tool I use very regularly.

When I am on the phone with someone and they begin to vent without warning I think "permission rose," and I stop being affected by their fiery energy. And if I am in a crowded place and multiple people are strongly affecting me? You get a rose! You get a rose! And everyone gets their own permission rose.

If you are curious about the rose, the idea is that the spiral pattern of a rose acts like a funnel to draw in energy and filter it. Visualizing this will create this energy checkpoint that will help maintain a more peaceful state.

I highly suggest bringing this tool into your daily life and allowing it to help you feel at peace while preventing others from disrupting your energy. Consistency is key in strengthening these tools, and if you continue to use it regularly it will certainly have a positive impact on your life.



## PRAYER OF THE FATES

*Divine Fates, we call upon thee,  
Weaving destiny's threads with  
wisdom's decree.*

*Moirai, spin life's tapestry with grace,  
Grant us strength in accepting fates  
we face.*

*Clotho, guide us at life's start,  
Lachesis, teach surrender to destiny's  
chart.*

*Atropos, help us trust what's true,  
Embracing fate, destinies anew.*

*Grant us peace in fate's design,  
Accepting life's path, intertwine.  
May we embrace with humble glee,  
Finding freedom in destiny's key.*

*Fates, guide us with wisdom's light,  
Grant strength to accept, surrender,  
take flight.*

*Lead us on paths laid with grace,  
Accepting with humility life's intricate  
embrace.*



### TIME FOR QUESTIONS

#### WHAT IS THE PURPOSE OF A PENTACLE IN MAGICK?

**Kyle Davidson:**

A pentacle is a round disc made of wood, stone, or metal and marked with either a five or six-pointed star, called a pentagram or a hexagram. It is often held or displayed on the altar during ceremonies as a symbol of the Earth element. It represents stability, solidity, and growth. The disc represents the Earth we walk upon, and the pentagram on it represents how all five elements use the Earth as a foundation. There are many different uses for the pentacle. In abundance magick, the pentacle can be used like a wand to direct abundant Earth energy into the circle or talisman in your work. The pentacle grounds incoming negative energies, and so is often incorporated into jewelry as a form of ward or protective magick. As a symbol of Earth, it can help us to feel cool, calm, and stable when we feel frazzled, and so the pentacle is often used as a focal point in grounding meditations. Some people associate the pentacle with devil-worship and dark practices, but in reality it is simply a symbol of the Earth and elemental balance.

# TAROT READING FOR APRIL & MAY

BY MAHIKOL TORRES



The energy that we are facing, experiencing, or manifesting:

**Tarot Card**  
**THE MOON**

The Moon card greets us during this month of Eclipse energy to bring attention to areas of our life we are not seeing clearly. This card often reveals hidden messages or warns of illusions, as the moon is known to cast shadows that may differ greatly from the source that casts it. As you step into the next few months, be open to learning more about things you thought you knew fully.

You may receive new information that will alter your way of perceiving yourself, those around you, or your reality. Allow the moon to shine brightly into the shadows and bring forth that which must be worked on, explored, or healed.



How will this energy manifest in our lives and behaviors?

**Chakra Card**  
**THIRD EYE - GRATITUDE**

The card of Gratitude reveals that the energy of this transition will manifest through our third eye chakra. Here the word gratitude urges us to accept our intuitive gifts, our gut feelings, and that inner knowing you may sometimes experience.

When these gifts reveal themselves, we may sometimes not like how they affect our mood, our perspective of others, and even our view of ourselves. If your gifts manifest strongly, you may sometimes even wish they hadn't awakened, as you work to assimilate them into your life.

This card guides us to find acceptance and gratitude in our gifts and to lean into our intuition so that we may connect with it and transform it into a powerful tool in our lives.



What actions can we take towards the best possible outcome?

**Oracle card**  
**STRENGTH**

The Oracle gives us the card of Strength. We are experiencing large shifts of energy, information is becoming available to us and new areas of our life are uncovered. This may give rise to feelings of anxiety, fear, uncertainty, and chaos. The Strength card reminds us that it is through perseverance that we truly become strong in mind and heart.

By facing our fears we honor the opportunity for growth and self-development. Do not turn back because you are afraid. Instead, use the feeling of fear as a signal to let you know you are walking into new and exciting territory.

**Book a reading with Mahikol at**  
[veilandbone.com/readings](http://veilandbone.com/readings)

## PRODUCT OF THE MONTH



Hand-carved Elder Futhark Runes on Aged Coffin Toe Bones! Each set of these unique and mystical runes is meticulously crafted, featuring the ancient symbols of the runic alphabet hand-carved and painted on aged coffin toe bones, adding a touch of history and intrigue to your divination practice.

Unleash the ancient power of the runes with this one-of-a-kind set, perfect for seasoned practitioners and newcomers alike. Let the energy of these runes guide you on your spiritual journey and provide insights into the mysteries of the past, present, and future.

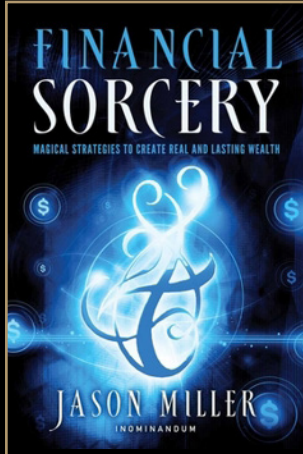
Don't miss this opportunity to add a piece of ancient wisdom to your collection! Purchase your set of Runes today and unlock the secrets that await within. Visit our website to make this mystical treasure yours.

**BUY ONLINE**

# April Monthly Newsletter

## RECOMMENDATIONS

These are our recommendations for resources that we find helpful in our journey. We hope you enjoy them!!



### KYLE'S PICK

#### **Financial Sorcery: Magical Strategies to Create Real and Lasting Wealth**

By Jason Miller

This book is an excellent guide for those of us seeking to learn more about money magick. It blends mystical instruction and practical advice for building wealth, growing a business, changing your luck, and developing a better relationship with money. The mantras and charms in this book are some of my favorite go-to spells for anything related to wealth or business. There are easy candle spells, symbols to use on financial charms, and meditations that help you not only attract wealth but also look at money in new ways. This book touches on many different spiritual traditions, including hermeticism, astrology, and the use of mantras.

Jason Miller's strength as a writer is his ability to take diverse perspectives on the spiritual and make them accessible to anyone. I highly recommend this book for anyone looking to start a business, get a raise, or learn how to reconcile a spiritual lifestyle with acquiring wealth and living comfortably.

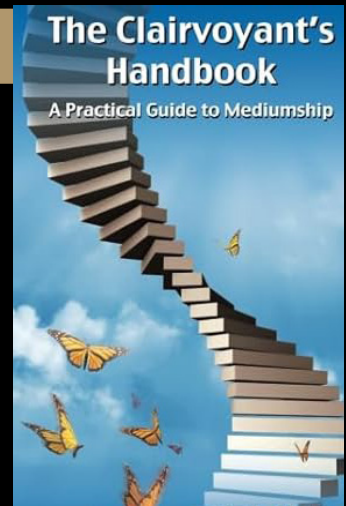
### MAHIKOL'S PICK

#### **The Clairvoyant's Handbook**

By A. L. Hale

I chose this book as a recommendation before drawing the cards for this month's reading. Once I pulled the cards, I realized how the universe weaves things into reality in such a synchronous way! If you are interested in exploring your intuition, your clairvoyance, and your connection to what lies beyond the veil, this is the book for you!

This book is very easy to read and provides practical exercises. There is no spiritual or religious angle here, so you can pick it up and learn regardless of your practice or beliefs. Dive into the power of your intuition and allow yourself to play, explore, and experience. Nothing will help you fine-tune your intuitive skills more than actually putting them to use! This book will provide you with all the direction and practical advice you will need. Let me know what you think of it!



### TIME FOR QUESTIONS

#### **CAN ANYONE DEVELOP INTUITIVE OR PSYCHIC ABILITIES?**

**Mahikol Torres:**

Absolutely! We are all connected to the Universal Source of Energy. Whether you believe in it or not, the connection exists. Our abilities and gifts manifest uniquely for each of us. Some of us may be more open to them and work with them with a bit more ease, but ultimately everyone can develop their intuitive gifts. How? Practice.

It's important to use your gifts so you can learn how they work for you. Although all clairvoyants can see images, the images may mean different things for each person and they may all experience the image differently. Not sure what your gifts are? Try them individually and see which ones work! These gifts are a muscle that you can always access. Have fun!